



James A. Haley Veterans' Hospital

Patient Health Education Programs



Compiled by:
Patient/Family Health Education Committee
James A. Haley Veterans' Hospital
13000 Bruce B. Downs Blvd.
Tampa, FL 33612
(813) 972-2000 x7428
www.tampa.va.gov

Welcome to the James A. Haley Veterans' Hospital!

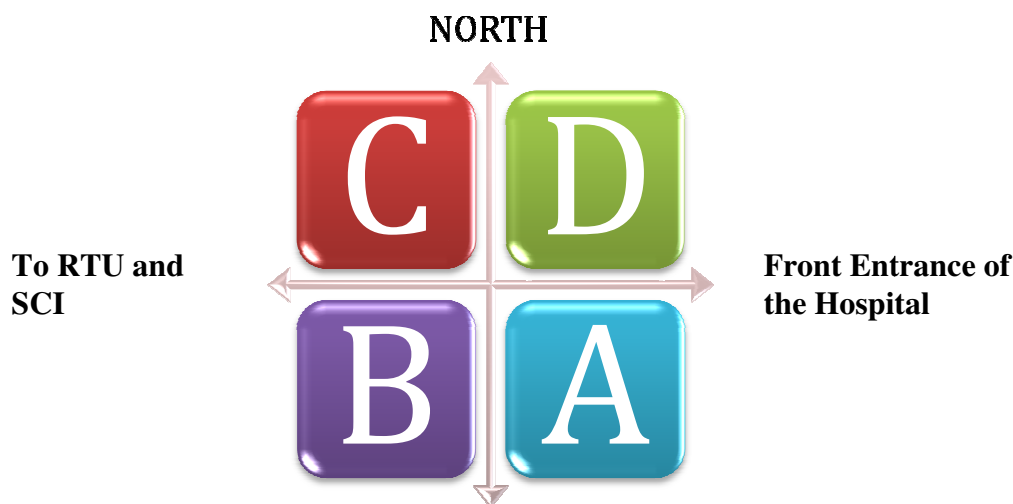
Your health is important to us.

We want you to be an informed and active partner in your health care.

James A. Haley Veterans' Hospital and Clinics offers many resources to help you learn about your health. We offer many classes and support groups taught by trained staff. To attend these classes and support groups the meeting locations will vary throughout the hospital and clinics. Please refer to the chart and information below for assistance in class and support group locations:

The main hospital at James A. Haley Veterans' Hospital is divided into 4 wings (A, B, C, D):

When the class room is listed as 1C-104, this means that the room is on the 1st floor, in the C section of the building in room 104.



Room Location	Description
1C-102B	1 st floor of main hospital in C wing near Podiatry
1C-104	1 st floor of main hospital in C wing near Podiatry
2B-258	2 nd floor of main hospital in B wing near OT/PT
2CN Conference Room	2 nd floor of main hospital in C wing and north section
Auditorium	2 nd floor of main hospital in front of canteen in A wing
RTU Conference Room	Radiation Therapy Unit (RTU) in between main hospital and SCI on ground floor
VA Outpatient Mental Health Clinic	11707 N. Club Drive, Tampa, Florida 33612 (across from University Mall)

Visit the Patients' Library: 2nd floor (2A-237)

Use the My HealthVet computers: www.health.va.gov

- Patients' Library: 2nd floor (2A-237)
- VA Café in SCI (Spinal Cord Injury) building

Contact our Patient Education Committee for more information: (813) 972- 2000 ext. 7428

Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

Cardiac Rehab

Day: Wednesdays

Time: 10 a.m. - noon

Where: 1C-102B

Target Audience: 12-session series covers topics for the self-management of heart disease.

Consult Needed: No

Walk-ins Accepted: Yes, 10 to 11a.m. session only

Contact Person: Gene McColgan

Contact Extension: 1795

Diabetes Basic Class

Day: Wednesdays

Time: 8:30 a.m. - 12:30 p.m. or 12:30 - 4:30 p.m.

Where: Auditorium

Target Audience: Veterans with newly diagnosed Diabetes, Pre-diabetes, or those wanting the most current diabetes information

Consult Needed: No (Quick Order used to refer)

Walk-ins Accepted: Yes, if space available

Contact Person: Aida Macias, RN, MSN and Rosalie Parrillo, RN, MSN

Contact Extension: 6335

Diabetes Basic Class (Spanish)

Day: Wednesdays

Time: 8:30 a.m. - 12:30 p.m. or 12:30 - 4:30 p.m.

Where: Auditorium

Target Audience: FOR SPANISH SPEAKING Veterans with newly diagnosed diabetes, pre-diabetes, or those wanting the most current diabetes information

Consult Needed: No (Quick Order used to refer)

Walk-ins Accepted: Yes, if space available

Contact Person: Aida Macias, RN, MSN and Rosalie Parrillo, RN, MSN

Contact Extension: 6335

Diabetes Basic Class: Follow-up

Day: 1st and 3rd Thursday

Time: 1 - 2 p.m. or 2-3 p.m.

Where: 2B-258

Consult Needed: No (Will be scheduled after attending Basic Class)

Contact Person: Aida Macias, RN, MSN and Rosalie Parrillo, RN, MSN

Contact Extension: 6335



Diabetes Class: Follow-up (Spanish)

Day: 1st and 3rd Thursday (alternate with English classes)

Time: 2 - 3 p.m.

Where: 2B-258

Consult Needed: No (Will be scheduled after attending Basic Class)

Contact Person: Aida Macias, RN, MSN and Rosalie Parrillo, RN, MSN

Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

Diabetes Meal Planning Class

Day: Thursdays (4 week series)

Time: 11 a.m. – 12:30 p.m.

Where: 2B-258

Target Audience: Diabetes, Pre-diabetes or anyone wishing to learn about Carbohydrate Counting and Meal Planning

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Robert Blalock

Contact Extension: 2913



Diabetes Meter Class

Day & Time: Mondays from 2 – 3 p.m. or

Fridays from 11 a.m. – noon

Where: Room 102-B on Mondays

Room 2B-258 on Fridays

Target Audience: Veterans with newly diagnosed diabetes and those Veterans wishing to switch out their present meter to receive strips issued by the VA

Consult Needed: No (Quick Order used to refer)

Walk-ins Accepted: No

Contact Person: Aida Macias, RN, MSN and Rosalie Parrillo, RN, MSN

Contact Extension: 6335

Hearing Loss Management

Day/Time: Fridays 8 - 9 a.m. and

Mondays 11 a.m. - noon

Where: 14020 N. 46th Street

Tampa, FL 33612

Target Audience: Learn about hearing loss, hearing aids, communication strategies and hearing conservation. Open to Veterans with hearing loss and their family members.

Consult Needed: If you are a new patient, you will need a referral.

Consult From: Provider

Walk-ins Accepted: No

Contact Person: Paula Myers, Ph.D.

Contact Extension: (813) 972-7529

Healthy Cooking: Vets Can Cook *MOVE Program*

Day: 1st and 2nd Tuesdays (two-week program)

Time: 1 – 2:30 p.m.

Where: 2B-258

Target Audience: Tasty, healthy and budget friendly cooking ideas for weight management.

Consult Needed: No

Walk-ins Accepted: No. Appointments must be scheduled through Primary Care Clinic dietitian, provider or clerk.

Contact Person: Diane Barravecchio

Contact Extension: 7023 or 7043

Kidney Education Class

Day: 1st and 4th Friday of the month

Time: Noon- 3:30 p.m.

Where: 2B-258

Target Audience: Veterans who are starting dialysis or those newly diagnosed with end-stage renal disease (ESRD)

Consult Needed: Yes, from Primary Care Provider, Nephrologist or other health care professional

Walk-ins Accepted: Yes; consults preferred

Contact Person: Virginia Soto, BSN

Contact Extension: 6997 or 6871

Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

Living Life Well Class

Day: Wednesdays

Time: 9:00 – 10:30 a.m.

Where: 2B-258

Target Audience: Primary Care Patients with mild to moderate depression

Consult Needed: YES, PCP must submit consult to PCC-BH/MH and patient must be screened by psychologist for class admittance.

Consult From: PCP

Walk-ins Accepted: NO

Contact Person: Dr. Jaclyn Lewis-Croswell or Dr. Melissa Leedy

Contact Extension: 5759, 6072

Nutrition Basic

Day: Wednesdays

Time: 1:30 - 2:30 p.m.

Where: 2B-258

Target Audience: Veterans needing information about healthy eating to help weight, cholesterol, high blood pressure and diabetes.

Walk-ins Accepted: Yes

Contact Person: Robbie Richardson, DTR

Contact Extension: 1779

My HealtheVet Demo

Day: Mondays

Time: 10 – 11 a.m.

Where: 2B-258

Target Audience: Anyone wanting to learn about the My HealtheVet Web site (www.myhealth.va.gov) registration, and/or IPA process

Consult Needed: No (Walk-ins only)

Walk-ins Accepted: Yes

Contact Person: Robert "Goose" Gosline

Contact Extension: 4107



New Patient Orientation Class

Choose One Day and Time:

Mon., Tue., Wed., or Thur. from 8 – 9 a.m.

or 1- 2 p.m., or Fridays from 1- 2 p.m.

Where: 1C-103

Target Audience: New and returning patients in need of Primary Care assignment and education

Consult Needed: Yes

Consult From: Enrollment, Inpatient and Urgent Care

Walk-ins Accepted: If orientation appointment missed

Contact Person: Howard Cooley, HAS Supervisor

Contact Extension: 1634

Pain School

Day: 1st, 2nd and 4th Tuesdays

Time: 1st Tuesdays 8-10 a.m. 2nd and 4th Tuesdays 1-3 p.m.

Where: Building 68, Rm 202

Target Audience: Anyone interested in self pain management techniques

Consult Needed: No

Consult From: Anyone is able to put in a consult

Walk-ins Accepted: Yes

Contact Person: Marcia Agard

Contact Extension: 7469

Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

SCI Rehab Education Class

Day: Mondays, Wednesdays, and Fridays

Time: 11 a.m.

Where: SCI Patient Dining Room B-001

Target Audience: Rehab patients with a new spinal cord injury

Walk-ins Accepted: Yes

Contact Person: Diana Weinell

Contact Extension: 7889



Smoking Cessation Clinic

Day & Time: Mondays from 6-7 p.m. or
Thursdays 10 - 11 a.m.

Where: 2B-258

Target Audience: Veterans interested in quitting smoking.

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Carolyn Schlede, MD

Contact Extension: 6216, 7627



Stress Management CLASS

Day: Tuesdays

Time: 8:30 - 10 a.m.

Where: Building. 68, Delta classroom

Target Audience: Any Veteran

Consult Needed: No, but preferred

Consult From: Any provider

Walk-ins Accepted: Yes

Contact Person: Dr. Melissa Leedy or Dr. Jaclyn
Lewis-Croswell

Contact Extension: 6072, 5759

Tinnitus Self Management

Day: Wednesdays

Time: 10 a.m. - noon

Where: 14020 N. 46th Street
Tampa FL 33612

Target Audience: Learn about tinnitus – causes and methods to manage it. Open to Veterans with tinnitus and their family members.

Walk-ins Accepted: No

Consult Needed: If you are a new patient, you will need a referral from your provider

Contact: Paula Myers, Ph. D.

Contact Extension: 7529

Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

Weight Management: BMI/MOVE!-Alpha

Day: 1-3rd Tuesdays of the month

Time: 10 –11 a.m.

Where: Bravo Training Room- T-82

Target Audience: Veterans wanting introductory information for weight management.

Consult Needed: Pre-registration is encouraged. Appointments may be scheduled through Primary Care Clinic dietitian, provider or clerk.

Walk-ins Accepted: Yes

Contact Person: Robert Blalock

Contact Extension: 2913

Weight Management: BMI/MOVE!-Bravo

Day: 4th Thursday of the month

Time: 1:30 – 2:30 p.m.

Where: Bravo Training Room- T-82

Target Audience: Veterans wanting introductory information for weight management.

Consult Needed: Pre-registration is encouraged. Appointments may be scheduled through Primary Care Clinic dietitian, provider or clerk.

Walk-ins Accepted: Yes

Contact Person: Diane Barravecchio

Contact Extension: 7023

Weight Management: BMI/MOVE!-Charlie & Foxtrot

Day: 2nd Thursday of the month

Time: 1:30-2:30 p.m.

Where: Trailer 82 Classroom

Target Audience: Veterans wanting introductory information for weight management.

Consult Needed: Pre-registration is encouraged. Appointments may be scheduled through Primary Care Clinic dietitian, provider or clerk.

Walk-ins Accepted: Yes

Contact Person: Diane Molitor

Contact Extension: 1635

Weight Management: BMI/MOVE!-Delta

Day: 4th Tuesday of the Month

Time: 10-11 a.m.

Where: Delta Team Conference Room #202

Target Audience: Veterans wanting introductory information for weight management.

Consult Needed: Pre-registration is encouraged. Appointments may be scheduled through Primary Care Clinic dietitian, provider or clerk.

Walk-ins Accepted: Yes

Contact Person: Renee Bosler, RD

Contact Extension: 5706



Patient Education Programs

James A. Haley Veterans' Hospital
(813) 972-2000

BMI/Introduction to Weight Management- Women's Clinic

Day: every 4th Tuesday of the month

Time: 10 a.m.

Where: T59

Target Audience: Veterans wanting introductory information for weight management.

Consult Needed: Pre-registration is encouraged. Appointments may be scheduled through Primary Care Clinic dietitian, provider or clerk.

Walk-ins Accepted: Yes

Contact Person: Claire Bell

Contact Extension: 7919



Weight Reduction

Four-week series

Day: Wednesdays

Time: 3 - 4 p.m.

Where: 2B-258

Target Audience: Veterans wanting information on weight management, MOVE participants

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Christie Achenbach

Contact Extension: 813-210-0081

Weight Reduction

11-week series (intensive)

Day: Mondays

Time: 8:30 a.m. - noon

Where: Specialty Clinic and 1C-102B

Target Audience: Veterans who are interested in an intensive, multidisciplinary weight-reduction program.

Consult Needed: Yes

Consult From: Provider

Walk-ins Accepted: No

Contact Person: Diane Barravecchio

Contact Extension: 7023/7043

Patient Education Programs

New Port Richey Outpatient Clinic (OPC)

9912 Little Road

New Port Richey, FL 34654

(727) 869-4100

Diabetes Class

Day: Fridays

Time: 8 a.m. - noon

Where: NPR Classroom A123

Target Audience: Veterans with newly diagnosed Diabetes, or those wanting the most current diabetes information

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Marc Fleissner, RN

Contact Phone: From Tampa VA: 321-4173

Outside VA: (727) 869-4215

New Patient Orientation Class

Day: Mondays and Thursdays

Time: 3-4 p.m

Where: NPR Classroom, A123

Target Audience: Veterans new to the NPR Out Patient Clinic needing provider assignment

Consult Needed: No

Contact Person: John McEnaney or Kathleen Griffin-Christy

Contact Phone: From Tampa VA: 321-4173

Outside VA: (727) 869-4215

Diabetes Meter Class

Day: Tuesdays

Time: 3 - 4 p.m.

Where: NPR Classroom A123

Target Audience: Veterans with diabetes needing a meter for monitoring their blood sugars at home. Patients will get new glucometer in the class.

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Marc Fleissner, RN

Contact Phone: From Tampa VA: 321-4173

Outside VA: (727) 869-4215

Nutrition Basic-MOVE class

Days: 1st Tuesday of the month (8-9 a.m.) & the 3rd Wednesday of the month(10-11 a.m.)

Where: NPR classroom A123

Target Audience: This class is beneficial for individuals with hyperlipidemia, hypertension, obesity or who are interested in learning about basic nutrition to help prevent diseases. The topics that are covered are as follows:

- Overview of food groups and serving sizes
- How to read a food label
- Review of the different types of fat
- Weight control-physical activity
- Management of hypertension
- Portion control/distortion

Consult needed: No

Walk-ins accepted: No

Contact Person: Kari Osterloh, RD

Contact phone: from Tampa VA: 321-4117 OR
outside the VA: 727-869-4117



Patient Education Programs

New Port Richey Outpatient Clinic (OPC)

9912 Little Road

New Port Richey, FL 34654

(727) 869-4100

Hypertension Class

Day: Wednesdays

Time: 1 - 2 p.m

Where: NPR Classroom A123

Target Audience: For Veterans with high blood pressure and want to learn about medications and diet that work to help blood pressure stay at normal levels. Also receive a Bp cuff at that time.

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Marc Fleissner RN

Contact Phone: From Tampa VA: 321-4173

Pre-Diabetes

Day: 4th Thursday of the month

Time: 9:20- noon

Where: NPR Classroom A123

Target Audience: For Veterans with higher than normal blood sugars but not yet diagnosed with diabetes. You will learn how to prevent diabetes and lower your blood sugars with diet, exercise and weight loss if needed.

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Mark Fleissner, RN

Contact Phone: From Tampa VA: 321-4173

Outside VA: (727) 869-4215

Smoking Cessation

Day: Wednesdays

Time: 8- 9:30 a.m.

Target Audience: Veterans who want to quit smoking.

Consult Needed: No: Physician Order Needed

Walk-ins Accepted: Yes

Where: Pasco Clinic (Patient Education Room)

Contact Person: Shelly Boggan, LCSW, CTTS
(Certified Tobacco Treatment Specialist)

Contact Phone: Tampa VA: 321-4242

Outside VA: (727) 869-4242

Urology Class

Day: 1st and 2nd Friday

Time: 1:30 - 2:30 p.m.

Where: NPR OPC Room A123

Target Audience: Veterans with complaints of erectile dysfunction

Consult Needed: Yes

Consult From: Primary Care Provider

Walk-ins Accepted: No

Contact Person: Marc Fleissner, RN

Phone: From Tampa VA: 321-4173

Outside VA: (727) 869-4215

Patient Education Programs

Zephyrhills Community-Based Outpatient Clinic (CBOC)
6937 Medical View Lane
Zephyrhills, FL 33542
(813) 780-2550

Diabetes Meal Planning Class

Day: Thursdays (4 week series)

Time: 11 a.m. – 12:30 p.m.

Where: Conference room (Room 8) via satellite broadcast from Tampa

Target Audience: Diabetes, Pre-diabetes or anyone wishing to learn about Carbohydrate Counting and Meal Planning

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Robert Blalock

Contact Extension: (813) 972-2000, ext. 2913

Diabetic Meter Class

Day: Wednesdays and Thursdays

Time: 1:30 - 2 p.m.

Where: Conference room (Room 8)

Target Audience: Veterans with newly diagnosed diabetes and those Veterans wishing to switch out their present meter to receive strips issued by the VA

Consult Needed: Yes

Walk-ins Accepted: Yes

Contact Person: Cecilia Feliciano

Contact Extension: (813)780-2550, ext. 3103

Brooksville Community-Based Outpatient Clinic (CBOC)
14540 Cortez Blvd., Suite 108
Brooksville, FL 34613
(352) 597-8287

Audiology – Hearing loss Management

Day: First Thursday every month

Time: 8 -9 a.m.

Where: Conference room

Target Audience: Hearing Loss Management

Consult Needed: Yes

Consult From: Provider

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: 352-597-8287

Audiology – Tinnitus Class

Day: 2nd and 4th Thursdays

Time: 8-10 a.m.

Where: Conference room

Target Audience: Hearing - Tinnitus

Consult Needed: Yes

Consult From: Provider

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: 352-597-8287

Patient Education Programs

Brooksville Community-Based Outpatient Clinic (CBOC)

14540 Cortez Blvd., Suite 108

Brooksville, FL 34613

(352) 597-8287

(813) 780-2550

Diabetes Class

Day: 3rd Friday of the month

Time: 10 - 11:30 a.m.

Where: Conference room

Target Audience: Veterans with newly diagnosed Diabetes, Pre-diabetes, or those wanting the most current diabetes information

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: (352) 597-8287

MOVE! Maintenance Class

Day: 1st Thursday of the month

Time: 9 - 10 a.m.

Where: Conference room

Target Audience: Veterans who completed the MOVE! Class and need weight management.

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Brooksville CBOC

Contact Extension: (352) 597-8287

BMI (Body Mass Index) Class

Day: Wednesday

Time: 2:30 - 3:30 p.m.

Where: Conference room

Target Audience: Veterans interested in information about weight management.

Consult Needed: No

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: 352-597-8287

MOVE! Weight Loss Class

Day: Tuesdays

Time: 9 -10:30 a.m.

Where: Conference room

Target Audience: Veterans interested in weight loss and management.

Consult Needed: Yes

Consult From: Provider, dietician or nurse

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: (352) 597-8287

New Patient Orientation Class

Day: Mondays, Wednesdays, Fridays

Time: 1 - 2 p.m.

Where: Conference room

Target Audience: Veterans new to Brooksville clinic needing provider assignment and education

Consult Needed: Yes

Consult From: Enrollment, Inpatient and Urgent Care

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Smoking Cessation Class

Day: Tuesday

Time: 2 - 3:30 p.m.

Where: Brooksville CBOC

Target Audience: Veterans wanting to quit smoking or using tobacco products

Consult Needed: Yes

Consult From: Provider

Walk-ins Accepted: No

Contact Person: Brooksville CBOC

Contact Extension: (352) 597-8287

Patient Education Programs

Lakeland Community-Based Outpatient Clinic (CBOC)

4237 South Pipkin Rd.

Lakeland, FL 33811

(863) 701-2470

Diabetes Meal Planning Class

Day: Thursdays (4 week series)

Time: 11 a.m. – 12:30 p.m.

Where: Building 1 (conference room) via satellite broadcast from Tampa

Target Audience: Diabetes, Pre-diabetes or anyone wishing to learn about Carbohydrate Counting and Meal Planning

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Robert Blalock

Contact Extensions: (813) 972-2000 ext. 2913

MOVE! 10 Week Program

Day: Every Monday for 10 weeks

Time: 10 - 11:30 a.m.

Where: Lakeland CBOC conference room

Target Audience: Veterans interested in weight reduction

Consult Needed: No

Consult From: Scheduled through Lakeland dietitian. Veterans should attend BMI Class or have seen dietitian to enroll in this program

Walk-ins Accepted: No

Contact Person: Monique Dantzler

Contact Extension: 4120 (tie #323)

MOVE! BMI Intro to Weight Management

Day: 2nd and 4th Wednesday of the month

Time: 10:30 a.m. - noon

Where: Lakeland CBOC conference room

Target Audience: Veterans requiring introductory information for weight management.

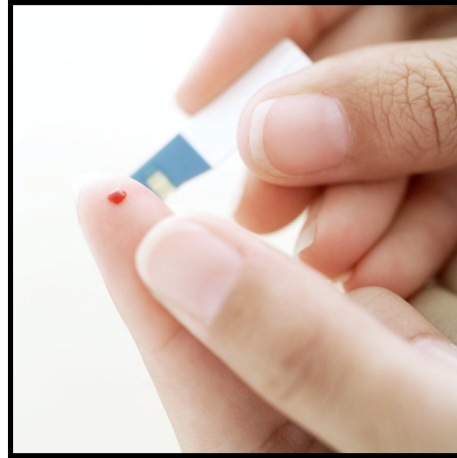
Consult Needed: No

Consult From: Provider quick orders; scheduled through dietitian or front desk staff

Walk-ins Accepted: No

Contact Person: Monique Dantzler

Contact Extension: (863) 701-2470



Tinnitus Management Workshop

Day: Session 1: 1st and 3rd Wednesdays

Session 2: 2nd and 4th Wednesdays

Time: 8 – 9 a.m.

Where: Audiology Clinic- Building 2

Target Audience: Veterans and family members interested in methods of tinnitus management

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Debbie Hendry, Au.D. CCC-A

Hearing Loss Management

Day: 2nd and 4th Tuesdays and Thursdays of the month

Time: 8 – 9 a.m.

Where: Audiology Clinic- Building 2

Target Audience: Class recommended for all hearing aid users to get the most benefit from their aids. Family members are encouraged to attend as well.

Consult Needed: No

Walk-ins Accepted: Yes

Contact Person: Debbie Hendry, Au.D. CCC-A

Helpful Numbers

Library and waiting room television channels 27 through 33 provide on-demand health information on a variety of health topics.

Patients' Library: (813)-972-2000 ext. 6571
Located on the 2nd floor (2A-237)

OEF/OIF/OND Transition Coordinator: (813)-972-2000 ext.6173
24-Hour Access: (813)-972-7547

Patient Advocates Office: (813) 972-2000 ext. 5856
Located on the 2nd floor (2A-243 through 2A-245)

Veterans Crisis Prevention Line: 1-800-273-8255

Tampa Clinic Scheduling: (813)-903-3600 (option 1) or 1-866-737-6843
Don't be a "no show." Please call to cancel scheduled appointments you are not able to attend.

Helpful Websites:

- American Stroke Association: www.strokeassociation.org/STROKEORG/
- Brain Attack: <http://yourbrainattack.com/>
- Electronic educational materials: www.tampa.va.gov/patients/patiented.asp. This website provides detailed educational guides on Living Well with Diabetes, COPD, Heart Disease, and Heart Failure.
- James A. Haley VA Hospital: www.tampa.va.gov
- My HealtheVet (Research health and refill prescriptions): www.myhealth.va.gov
- Resources and Education for Stroke Caregivers' Understanding and Empowerment: www.rorc.research.va.gov/rescue/
- VISN 8 VA Sunshine Healthcare Network: www.visn8.va.gov
- VA Polytrauma System of Care: www.polytrauma.va.gov
- VA regional office: www.vba.va.gov/ro/south/spete
- Veterans Crisis Prevention Line: www.suicidepreventionlifeline.org/Veterans/

Treatment and Support Groups offered at James A. Haley Veterans' Hospital & Clinics!

- Alcohol Anonymous
- Amputee Support Team
- Cancer Support Group
- Caregiver Support
- Chronic Disease Self-Management
- Diabetes Support Group
- Ex-POW
- Family Support for Brain injury, Polytrauma, SCI, and Stroke
- Geriatrics
- Hearing Loss
- Insomnia
- Ostomy
- PTSD
- Social Skills
- Support and Family Education (SAFE)
- Tinnitus
- Wellness Support
- Women's Support

One of the goals for the James A. Haley Veterans' Hospital is to provide quality educational classes and support groups to Veterans and their families. James A. Haley Veterans' Hospital appreciates recommendations on ways we can better educate Veterans' and their families. If there are any recommendations for additional educational classes or support groups, please contact the Veteran/Family Health Education Committee at: (813) 972-2000 ext. 7428



**Department of
Veterans Affairs**